

Schoolhouse of Wonder COVID-19 Guidelines *(Updated 9/12/22)*

Due to the fact that there are nuances with each case, we reserve the right to review each situation on a case by case basis.

Camper or Staff exhibits one or more symptoms that could be COVID-19 without known exposure

See list of symptoms on page 4 of these Guidelines

Camper or Staff must remain at home and either

- Take a molecular PCR (polymerase chain reaction) or rapid COVID test; OR
- Visit a health care provider and receive clearance to return to camp; OR
- Choose not to take a COVID test or visit a health care provider

If the COVID Test result is **negative** OR the camper or staff has a note from a health care provider with clearance to return, the camper or staff may return to camp when:

- They have been fever-free for 24 hours without the use of fever-reducing medication; **AND**
- Symptoms have improved significantly
- If a negative PCR test result is not provided, the camper or staff must take a rapid test with a negative result before returning to the classroom.

If the COVID Test result is **positive** the camper or staff may return to camp when:

- It has been at least 5 days* after the first day of symptoms; **AND**
- They have been fever-free for 24 hours without the use of fever-reducing medication; **AND**
- Symptoms have improved significantly
- A negative test is not required for return
- The camper or staff must continue to mask both at camp and in public for 5 days beyond the isolation period

If the camper or staff **elects not to take a COVID test or visit a health care provider**, the camper or staff may return to camp when:

- It has been at least 5 days* after the first day of symptoms; **AND**
- They have been fever-free for 24 hours without the use of fever-reducing medication; **AND**
- Symptoms have improved significantly; **AND**
- The camper or staff must continue to mask indoors as long as symptoms persist

*For individuals exposed, day of exposure is considered day zero (0). For cases, day of symptom onset is day zero (0) or for individuals without symptoms, day of specimen collection is considered day zero (0).

Known Exposure

Camper or staff has been in close contact with someone with COVID-19

Please contact the office for specific guidance. You will be asked to answer the questions on page 3.

The camper or staff is exhibiting one or more symptoms that could be COVID-19 (see page 4 of these Guidelines)



Camper or staff must leave camp promptly or remain at home and either:

- Take a PCR or rapid COVID test; **OR**
- Visit a health care provider; **OR**
- Choose not to take a PCR COVID test or visit a health care provider

If the test result is negative **OR** they have a note from a health care provider with clearance to return, they may return to camp when:

- They have been fever-free for 24 hours without the use of fever-reducing medication; **AND**
- Symptoms have improved significantly; **AND**
- If a negative PCR test is not provided, they must take a rapid test with a negative result before returning to camp

If the test result is positive they may return to camp when:

- It has been at least 5 days* after the first day of symptoms; **AND**
- They have been fever-free for 24 hours without the use of fever-reducing medication; **AND**
- Symptoms have improved significantly
- The camper or staff must continue to mask indoors at camp for 5 days beyond the isolation period

If they choose not to take a test or visit a health care provider, they may return to camp when:

- It has been at least 5 days* after the first day of symptoms; **AND**
- They have been fever-free for 24 hours without the use of fever-reducing medication; **AND**
- Symptoms have improved significantly; **AND**
- The camper or staff must continue to mask indoors on campus as long as symptoms persist

The camper or staff is asymptomatic



The fully vaccinated camper or staff may return to camp when:

- They have remained asymptomatic; **AND**
- They have received a negative PCR test result since exposure; **AND**
- The camper or staff must mask both indoors and outdoors at camp for 5 days after exposure
- The camper or staff may be required to test again via a rapid test that is administered on campus

The not fully vaccinated camper or staff may return to school when:

- It has been at least 5 days* since the first day of exposure (day of first exposure = day 0); **AND**
- The camper or staff received a negative PCR test result that was administered after the 5th day following exposure; **AND**
- The camper or staff must mask both indoors and outdoors on campus for 5 days after the test was administered



If the camper or staff develops symptoms at anytime after exposure, please follow the guidelines in the left column.

*For individuals exposed, day of exposure is considered day zero (0). For cases, day of symptom onset is day zero (0) or for individuals without symptoms, day of specimen collection is considered day zero (0).

covid-19 Symptoms

Individuals exhibiting one or more of the following symptoms should not come to camp and contact the office regarding return to camp:

- Temperature of 100.4 or greater
- Chills
- Cough
- Shortness of breath
- Loss of taste or smell
- Fatigue
- Muscle aches
- Headache
- Sore throat
- Congestion/runny nose or rhinorrhea
- Nausea
- Vomiting or diarrhea

Schoolhouse of Wonder recommends that staff and camp families utilize their primary care physician (PCP) to seek medical care. CDC recommends that all individuals take preventative measures including masking and maintaining physical distancing to reduce spread of the COVID-19 virus.

For more information, call the NCDHHS hotline at 2-1-1 or 888-892-1162 (available 24/7).

Schoolhouse of Wonder will determine when and how to inform camp families and staff as appropriate and maintain privacy and confidentiality as required by law. Schoolhouse of Wonder may also decide to issue notifications above and beyond what public health notification guidelines call for.

Definition of Close Contact: Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before symptoms began (or, for asymptomatic individuals, two days prior to test specimen collection date) until the time the individual is isolated.

Definition of Fully Vaccinated: A fully vaccinated person is someone who is two weeks out from the recommended number of doses for the particular type of vaccine they received, taking into account any boosters that are recommended for particular demographic groups.

Please notify our office if a camper or staff has been exposed and answer the following questions:

- What was the first and/or last date of exposure?
- Was the exposure in a masked setting? Was the individual with COVID-19 wearing a mask? Was the camper or staff who was exposed wearing a mask?
- Was the exposure minimal or on-going? Does the individual with COVID-19 live in the same household or have continued contact with the camper or staff?
- Was the individual with COVID-19 exhibiting symptoms? If so, what was the date of symptom onset? When did the individual test positive for COVID-19?
- Is the camper or staff experiencing symptoms? If so, what was the date of symptom onset?
- Has the camper or staff tested positive for COVID-19 in the past 90 days?

There are nuances with each case so we will review each situation on a case-by-case basis.

Schoolhouse of Wonder recommends that staff and camp families utilize their primary care physician (PCP) to seek medical care.

Schoolhouse of Wonder will determine when and how to inform camp families and staff as appropriate and maintain privacy and confidentiality as required by law.